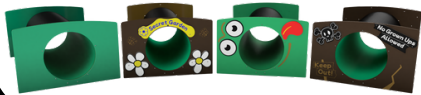


# 7 BENEFITS OF USING TUNNELS IN PLAY

Playcom ribbed tunnels are manufactured using a 600mm (id) solid twin wall HDPE drainage pipe.

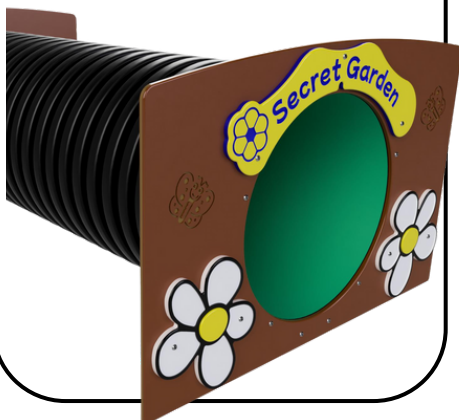
The external wall is corrugated to give the pipe excellent compressive strength, allowing for the tunnel to be safely installed within a mound.



little

**ADVENTURER**

**"Children can pretend they are exploring caves, going on adventures, or entering secret hideouts."**



**Tunnels in playgrounds offer several benefits for children's play and development.**

- 1 **Physical Development:** Tunnels encourage physical activity and movement. Crawling through tunnels helps children develop motor skills, coordination, and spatial awareness. It also promotes flexibility, balance, and strength as they manoeuvre through different positions.
- 2 **Sensory Stimulation:** Tunnels provide a unique sensory experience for children. The enclosed space and dim lighting inside a tunnel can stimulate their sense of touch, proprioception (awareness of body position), and spatial perception. This sensory input helps in the development of sensory integration and processing skills.
- 3 **Imaginative Play:** Tunnels serve as versatile props for imaginative play. Children can pretend they are exploring caves, going on adventures, or entering secret hideouts. The enclosed space allows them to create imaginative scenarios, encouraging creativity, role-playing, and storytelling.
- 4 **Social Interaction:** Tunnels promote social interaction and cooperative play. Children can take turns crawling through the tunnels, play hide-and-seek, or create games where they chase each other. By engaging in these activities, children develop important social skills such as communication, cooperation, sharing, and turn-taking.
- 5 **Emotional Development:** Play experiences in tunnels can contribute to emotional development. Children may feel a sense of achievement when they successfully navigate through a tunnel, boosting their self-confidence. They can also use tunnels as a safe space for personal retreat when they need some alone time or a cosy environment for relaxation.
- 6 **Cognitive Stimulation:** Tunnels offer cognitive stimulation by presenting challenges and problem-solving opportunities. Children need to plan and strategize their movements to crawl through tight spaces or navigate through complex tunnel systems. This fosters critical thinking skills, spatial reasoning, and enhances their ability to solve problems.
- 7 **Physical Safety:** Tunnels in playgrounds are designed to be safe for children to crawl through. They are typically made of soft materials or have padded interiors to prevent injuries. Tunnels provide a contained environment where children can explore and play without significant risk, making them suitable for younger or less adventurous children.