



PUZZLES

How puzzles can contribute to a child's development

Problem-Solving Skills: Puzzles require children to think critically and logically, and this enhances their ability to analyse and solve problems.

Memory Improvement: Repeated exposure to puzzles helps improve memory as children recall patterns, shapes, and solutions.

Vocabulary: As children work on puzzles, they often discuss shapes, colours, and objects, which can enhance their vocabulary.

Communication Skills: Collaborative puzzle-solving encourages children to discuss strategies, ask questions, and express their thoughts, improving communication skills.

Collaboration: Group puzzle-solving fosters teamwork and cooperation as children work together to achieve a common goal.

Sharing and Taking Turns: Puzzles can teach children patience, sharing, and taking turns, essential social skills for interacting with peers.

Persistence: Overcoming challenges in puzzles teaches children perseverance and the value of effort in achieving goals.

Stress Relief: Working on puzzles can be a calming and relaxing activity, helping children unwind and reduce stress.

